Kiambu

Institute of Science and Technology



Registered under TVET Act 2013 P. O. Box 414-00900 Kiambu, Kenya

Tel: 020 3522550, 0734 207663, 0727807713; Email: principal@kist.ac.ke

GENERAL REQUIREMENTS

- a) **Original** of your ID, Result slip /certificates and Birth Certificate for verification. Please note that presentation of **FORGED** documents is a criminal offence and the institute shall not be held responsible for the consequences therein. You are further required to ensure that you are fit and qualified for this course.
- b) One (1) Copy of 40mm by 50mm Digital passport photograph
- c) Admission letter (Kindly make a copy to be retained on admission).

BOARDING (OPTIONAL) PER TERM - Kshs. 5,200.00

Boarding is subject to availability of rooms and full payment of tuition fees and other levies. Students are strictly not allowed to cook or use heating appliances in the hostels.

CATERING

A variety of meals shall be served in KIST pay- as-you-eat (PAYE) cafeteria. Students will be able to make a choice from the available meals. All students, both borders and commuters, are encouraged to take their meals in our Cafeteria.

A copy of KIST menu is available at the Institutes notice boards. The parents / Guardians should provide the student with at least Kshs. 200.00 per day. This is an estimate for breakfast, lunch and supper.

MODE OF PAYMENT

All fees must be paid in full on the reporting date. Payments should be made through:

- a) Banker's cheque, Postal order or direct deposit to Kiambu Institute of Science and Technology *A/C No. 01100063992300* at Co-operative bank Kiambu Branch.
- b) KCB Bank Pay Bill. Go to *"Lipa na Mpesa"*, Select *"Pay Bill"*, Enter Business number "700076", Enter Account Number (Admission number/student name e.g. ABT-2009-06/Mustapha Ali), Enter Amount, Enter MPESA PIN, Confirm transaction..
- c) KCB Bank Account **No. 1217852204**; Account Name: Kiambu Institute of Science and Technology

CONFIRMATION

The student should confirm acceptance of the offer by paying 100% of the tuition fees and levies to the Accounts office on or before 15th *February, 2021.*

HOSTEL REQUIREMENTS

The following personal effects will be required during admission

• Toilet paper • Toilet soap

- 2 blankets 1 pillow
- 2 pillow cases 2 pair
 - 2 pairs of bed sheets Sports shoes
- Tooth paste
- Plastic bucket

Tooth brush1 bath towel

1. HOSPITALITY DEPARTMENT

COURSE REQUIREMENTS FOR

- a) <u>CERTIFICATE IN FOOD AND BEVERAGE</u>
- b) DIPLOMA IN FOOD AND BEVERAGE
- c) <u>CERTIFICATE IN CATERING AND ACCOMMODATION</u>
- d) DIPLOMA IN CATERING AND ACCOMMODATION

1. PUBLIC HEALTH FOOD HANDLERS CERTIFICATE-COMPULSORY

2. <u>KITCHEN UNIFORM</u> - (Required for both Food & Beverage and Catering & Accommodation students)

MALE

- i. Black and white small check pair of trousers
- ii. White chef's cap
- iii. White chef's jacket
- iv. Red chef's Scarf
- v. White apron
- vi. Covered black low leather shoes

FEMALE

- i. Black and white small check A-Line skirt (length should be below the knee)
- ii. White chef's cap
- iii. White chef's jacket
- iv. Red chef's Scarf
- v. White apron
- vi. Covered black low leather shoes
- 3. <u>SERVICE UNIFORM</u> (Required for both Food & Beverage and Catering & Accommodation students)

MALE.

- i. White long-sleeved shirt
- ii. Black pair of trousers (loose fitting)
- iii. Black bowtie
- iv. Covered black low leather shoes
- v. White Dust coat

FEMALE.

- i. White long-sleeved shirt
- ii. Black A-Line skirt (length should be below the knee)
- iii. Black bowtie
- iv. Covered black low leather shoes
- v. White Dust coat

4. <u>HOUSEKEEPING UNIFORM</u> (Only required for <u>Catering and Accommodation</u> students)

<u>MALE & FEMALE</u>- Light blue short sleeved top and trouser (see picture below)



NB: Housekeeping uniform is required in 1st year for Diploma students and in 2nd year for Certificate students.

PS. ALL SKIRTS AND DRESSES SHOULD BE BELOW KNEE LENGTH ALL TROUSERS, SKIRTS AND SHIRTS SHOULD BE LOOSE FITTING.

5. KITCHEN LINEN

- i. One white tea towel
- ii. One Dish cloth
- iii. A pair of oven gloves
- iv. One hand towel

6. <u>SERVICE LINEN.</u>

- i. One white tea towel
- ii. One non-fluffy glass cloth
- iii. One dish cloth
- iv. One hand towel
- v. One yellow duster
- vi. Two white Damask dinner cloths $1 \frac{1}{2} \times 1 \frac{1}{2} m$
- vii. Two slip cloths 1m x 1m (see attached samples)
- viii. Eight white damask table napkins 20-inch square
- ix. Four white cotton (poplin) sideboard liners 48 x 12 inches each.

7. PERSONAL TOOLS

A. <u>5 PIECES KNIFE SET</u>

Five pieces' knife set as attached comprising

- i. Butcher's /cook's knife
- ii. Paring knife
- iii. Fillet/ steak knife
- iv. Bread knife
- v. Fruit knife
- **B.** One multipurpose bottle opener
- **C.** One small white flower vase

- **D.** Measuring jug one litre capacity
- E. Potato peeler
- **F.** Weighing scale up to 5kg.
- G. Additional useful tools
 - i. Piping bag 16 inches
 - ii. Big plastic nozzles; star and plain
 - iii. Measuring spoons
 - iv. Measuring cups
 - v. Fruit scooper
 - vi. Metal sieve (large)

8. STATIONERY

- i. Record cards
- ii. Box file for the record cards
- iii. Receipt book
- iv. Billing pads (a small scribbling pad)
- v. Felt pens; assorted colors
- vi. Scientific calculator
- vii. Exercise books
- viii.Pens, pencil, Ruler



RECOMMENDED TEXT BOOKS

- 1. Practical Cookery by Kinton and Ceserani OR by D. Foskett, Paskins, Rippington & Thorpe
- 2. Theory of catering by Kinton and Ceserani **OR** The Theory of Hospitality and Catering by David Foskett and Patricia Paskins
- 3. Food and Beverage Service by John Cousins, Dennis Lillicrap & Suzanne Weekes

Additional books for Catering and Accommodation students

1. Hotel, Hostel and Hospital Housekeeping 5th Edition by Joan Branson

<u>NB:</u> DIPLOMAS STUDENTS ONLY: Checked cotton table linen as per attached sample 1 ½ m x 1 ½ m